



August 2025

Email: caringplymouth@plymouth.gov.uk

Follow us on socials: @CaringPlymouth

Call or text: 07814 943808

Health and Social Care Drop-in

Mondays, 10am to 2pm

Skills Launchpad Plymouth, first floor of Barclays Bank in the city centre

Drop in to meet with our Health and Care Coordinator Jack, who will help match you with the opportunities for skills, training, education, careers and jobs in the sector that best fit you. They can also support those already working in the sector to connect with support and training.



Job opportunities



BCHA - supporting vulnerable and complex customers who are either homeless, at risk of homelessness or require support to maintain their tenancies



Brandon - supporting children, young people and adults with learning disabilities and/or Autism.



Shekinah - providing opportunities for people who are experiencing all forms of homelessness.

For support surrounding applications, visit our Health and Social Care Drop-in.

Care value of the month ...



In health and social care, dignity and respect mean treating individuals as valued human beings by acknowledging their rights, choices, and personal identity. This involves listening to their needs, protecting their privacy, promoting independence, and ensuring they feel safe and understood. Care should be delivered without judgment, using kind and inclusive communication, so that every person feels empowered and respected throughout their care experience.



Events

**Health and Social Care
Drop-in**

When and where?

**Mondays, 10am to 2pm,
Skills Launchpad Plymouth, first floor of Barclays
Bank in the city centre**

Education Leaver drop in

Wednesdays, 10am to 2pm, 1st floor Cobourg House

**Healthcare programmes
(16-19) - St Johns
Ambulance**

**18 to 29 August 2025, Monday to Friday,
10am to 3.30pm, Plymouth. Sign up - [HERE](#)**

**SAVE THE DATE - Health
and Social Care Careers
Showcase**

**Friday 10 October, Duke of Cornwall Hotel,
10am to 4pm**

Skills and training

Course

Training provider

Healthcare Sector Introduction

[On Course South West](#)

**Level 2 Certificate in Understanding Common
Health Conditions**

[On Course South West](#)

Counselling Introduction

[On Course South West](#)

Certificate in Healthcare Level 2 for all

[Achievement Training](#)

Mental Health Awareness

[City College Plymouth](#)

Nutrition and Health

[City College Plymouth](#)

Social Prescribing

[City College Plymouth](#)

**View our full Skills and Training Directory for Plymouth -
[HERE](#)**

Summer outreach and events



This summer has already been packed full of outreach and events meeting local people, connecting them to opportunities across Health and Social Care.



Unlocking careers in childcare, health and social care. In an inspiring collaboration between Skills Launchpad Plymouth's Youth Hub and Caring Plymouth, a week-long Introduction to Childcare, Health and Social Care programme, was held to guide six care-experienced young people, supported by Plymouth City Council's Virtual School, into the childcare, health and social care sectors.

Full story - [HERE](#).



Plymouth Armed Forces Day - the Caring Plymouth, Building Plymouth and the wider Skills Launchpad Plymouth team exhibited at Plymouth's Armed Forces Day. The team met local military personnel and their families, alongside with the public to discuss all things skills, training, education and employment in Plymouth.



Devonport Open Day - Jack supported the wider Skills Launchpad Plymouth team at Devonport Open Day. Meeting military leavers, Babcock staff and their families on Thursday and the general public on Friday, connecting local people to skills, training, education and employment in Plymouth.

Understanding health conditions within Health and Social Care

When applying for jobs across health and social care, researching top health conditions that impact those in your care will help enhance your CV and application. Take a look at the information to find out more about; Dementia, Autism, Mental Health and Diabetes.



Dementia - Dementia is a term for several diseases that affect memory, thinking, and the ability to perform daily activities.

The illness gets worse over time. It mainly affects older people but not all people will get it as they age.

Full fact sheet - [HERE](#).



Autism - also known as autism spectrum disorder (ASD), is a developmental disorder which affects social interaction and communication. Autism also tends to be characterised by specific interests and activities which are carried out repetitively.

Full fact sheet - [HERE](#).



Mental Health - Mental health is a state of mental well-being that enables people to cope with the stresses of life, realize their abilities, learn well and work well, and contribute to their community.

Full fact sheet - [HERE](#).



Diabetes - Diabetes is a fairly common condition, with around 4 million diagnosed cases in the UK and an estimated 850,000 cases which are undiagnosed. This is around 6% of the UK population. Diabetes occurs where the body is unable to use glucose properly and therefore builds up excess levels of glucose in the blood stream.

Full fact sheet - [HERE](#).

News and events - coming soon...



WE ARE MOVING - A new 'one-stop shop' for skills and post-16 education services provided by Plymouth City Council is opening in the city centre this summer. The new space on the first floor of Cobourg House on Mayflower Street will help to deliver integrated, face-to-face education and employment support services for residents. The four key services coming together under one roof are: On Course South West, Skills Launchpad Plymouth, Careers Plymouth and Connect to Work - FULL STORY.



SAVE THE DATE - Health and Social Care Careers Showcase - join us at the Duke of Cornwall hotel on Friday 10 October, 10am - 4pm to be connected to the latest opportunities across Health and Social Care in Employer and Skills and Training Zones.



Launchpad Live 2025 - Plymouth Life Centre. The biggest careers fair of its kind in the south west, full of interactive and exciting stalls from a range of employers and training providers. Come visit us in the Health and Social Care zone to meet all the inspiring employers on Thursday 25 and Friday 26 September.



Skills and Training Directory - 2025/26 edition, coming this autumn! We are releasing the next edition of the Skills and Training directory for Health and Social Care later this year. The team have been busy refreshing, working with local training providers and employers to showcase the city's full skills and training offer. Below is a preview of our work meeting local employers to showcase their amazing work.

